

FDLRS & FIN TIMES

October 2020-Disability Awareness Month

Early Childhood Tips for Parents

Ways you can help with language development:

- Read simple books with colorful pictures.
- Talk about what you are doing.
- Praise your child when he has done well.
- Ask questions.
- Play games that help in following directions and listening.
- Introduce new words daily.
- Expand on what the child says (“want cookie” – you model, “John wants a cookie”.)
- Encourage your child to talk.

(FDLRS/Crown)

Find more resources at Florida Office of Early Learning

<http://flbt5.floridaearlylearning.com/>



Mental Health Boosters

*Start a gratitude journal

*Work your strengths

*Show love

*Take time to laugh

Parent's Corner: Tips for virtual learning

First, remember that your role is a parental one. Your child needs family.

- Teachers are still teaching, just in a virtual format, and with a different schedule. It can be confusing for students if families try to assume the role of teacher.
- Explain to your child that their teacher is still their teacher, and that you are in communication with the teacher to help them learn at home. While you may feel more pressure with your child at home, try to think of it as a different way of helping your child with learning.

Set up a comfortable space in your home for learning.

- Choose a non-distracting space in your home to set up a learning space. Some students need a quiet area in their room, while others need oversight and frequent assistance.
- Remember that it is not necessary for your child to sit at a table in order to learn. Pillows, a floor space, lying on the couch, or even a yoga ball might provide additional comfort for your child while learning. Students with sensory needs can be supported in this way.
- Think about what your child will need in order to learn and plan around those needs. Once you have a space, gather supplies such as notebooks, pencils, calculators, or any type of supportive or assistive devices your child needs, and make sure they are nearby.

Information from the Florida Inclusion Network.

Find information on inclusion and contact local facilitators at: www.FloridaInclusionNetwork.com

Florida Inclusion Network presents:

Tips for Families:
Supporting Children with Disabilities in Virtual Formats Webinar

Tuesday, October 6, 2020
12:30 pm – 1:00 pm OR
7:00 pm - 7:30 pm

Live Webinar registration link:

https://docs.google.com/forms/d/e/1FAIpQLSd6y72kmDvJzh-tCxLn1VE807LmzJ4D_uE0T-Ct5OyThyXdV-Yw/viewform

[Recorded Webinar Link:](#)

<http://finconnect.adobeconnect.com/pocrc12qkxai/>

Fridays with FDLRS

Parent Webinars on select Fridays
11:30 am-1:00 pm

<https://www.fdlrs.org/free-parent-webinars-fridays-fdlrs>

Exceptional Parent University

October 15, 2020
ESE 101
6:30 pm-7:30 pm
Zoom- ID 98815325844
PW 656545

Disability Awareness Webinar

October 8, 2020 or
October 14, 2020
4:00 pm-5:30 pm
<https://bit.ly/DisabilityAwarenessOct2020>

by Marilyn Price-Mitchell, PhD
COMPASS-INSPIRED



The phrase “family values” conjures an array of reactions in today’s politically charged world. And that’s a shame. Because whether our family values are conservative or liberal, they shouldn’t really change the ideals we hold for raising and educating our children.

Family values have far too long been associated with one’s political agenda, particularly in the United States. In reality, family values have much more to do with how a child learns to thrive in life than whether that child’s parents oppose gay rights or support gun control.

Our family values are a reflection of who we are and how we parent. When we articulate and live those values, our children learn life lessons. They learn to express themselves, solve problems, grow from mistakes, and develop other skills and abilities that lead to fulfilling lives. Parents learn too.

Some parents have been led to believe that grades are the most important measure of their child’s learning. While no one would disagree that academic learning is vital to success in 21st century careers, parents have the ability to teach children so much more through their family values.

The Compass Advantage is a framework that *values* a particular set of human abilities—curiosity, sociability, resilience, self-awareness, integrity, resourcefulness, creativity, and empathy. It’s not based on a conservative or liberal agenda. Instead, the framework is based on research that suggests these abilities are core to how youth and adults flourish in life. When young people possess these abilities, they are more likely to succeed in an increasingly complex society.

Click on this link: [“My Parent Promises”](#)



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